



## Infinite Expressions

As the One, you appear and disappear as infinite expressions and experiences. Experiences of division, separation, contraction, and unpleasanties glorify this truth. If you believe a thought that says such experiences evidence that you are lost or asleep, or that such expressions shouldn't be, you are denying your own self, your own full array of colors, textures, flavors, and movements. Such experiences do not affirm your lack; they confirm your infinite potential, your infinite nature—appearing as bitter and sweet, yin and yang, darkness and light.

## 2009 At-A-Glance

- Travels in bold.
- Visit [www.muktisource.org](http://www.muktisource.org) for complete details and updates.

### July

<b>Fri, July 3</b>	<b>Aurora Satsang</b>	<b>7–9pm</b>
<b>Sat, July 4</b>	<b>Aurora Silent Retreat Day</b>	<b>9:30am–5:30pm</b>
Sat, Jul 18	Jikoji Silent Retreat Day	9:30am–5:30pm
Tue, Jul 21	Berkeley Satsang	7–9pm
Mon, Jul 27	Palo Alto Monthly Meditation	7–8:45pm

### August

No events in August

### September

Mon, Sep 7	Palo Alto Monthly Meditation	7–8:45pm
Fri, Sep 11	Mt. Madonna 2-Night Retreat	Check-in: 3–5pm
Sun, Sep 13	—Retreat Ends	Check-out: 1pm
Tue, Sep 15	Berkeley Satsang	7–9pm

### October

<b>Fri, Oct 9</b>	<b>Santa Fe Satsang</b>	<b>7–9pm</b>
<b>Sat, Oct 10</b>	<b>Santa Fe Silent Retreat Day</b>	<b>9:30am–5:30pm</b>
Mon, Oct 19	Palo Alto Monthly Meditation	7–8:45pm
Tue, Oct 20	Berkeley Satsang	7–9pm

### November

Sun, Nov 1	Vajrapani 5-Night Silent Retreat	Check-in: 3–5pm
Fri, Nov 6	—Retreat Ends	Check-out: 12:00pm
<b>Fri, Nov 13</b>	<b>Sebastopol Satsang</b>	<b>7:30–9:30pm</b>
Tue, Nov 17	Berkeley Satsang	7–9pm
Mon, Nov 23	Palo Alto Monthly Meditation	7–8:45pm

### December

Sat, Dec 5	Palo Alto Satsang	3–5pm
Mon, Dec 14	Palo Alto Monthly Meditation	7–8:45pm
Tue, Dec 15	Berkeley Satsang	7–9pm

## New Audio CD

### Freeing Awareness

A Guided Inquiry of Consciousness Beyond Viewpoints

1 Audio CD. Running time: 60 min.

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\$10 Item #M\_1FAW

This engaging talk has the experiential quality of a guided inquiry that points listeners beyond definitions of awareness to direct knowing, prior to thought.

Find more audio offerings at [www.muktisource.org](http://www.muktisource.org)

## Private Meetings

Mukti offers dokusans (private meetings for satsang inquiry) in San Jose, CA. For those who live outside the greater San Francisco Bay Area, she offers dokusans by phone. To schedule a dokusan, call (408) 299-0201 ext.31.

## About Mukti

Mukti, whose name is translated as “liberation,” is a teacher in the lineage of Adyashanti, her husband. Prior to 1996, when she began studying the nondual, Zen-flavored teachings of Adyashanti, Mukti studied the teachings of Paramahansa Yogananda for over 20 years. In her own teachings, Mukti points audiences back to their natural state of wholeness or undivided consciousness. Licensed in acupuncture and certified to teach hatha yoga, Mukti has a love of the whole, in form as well as the formless.

Visit [www.muktisource.org](http://www.muktisource.org) for complete details about Mukti, her teachings, and her events. The site offers a free full-length audio download, written teachings, schedule updates, directions, and online registration for silent retreat days and extended retreats.



## Silent Retreat Day in Los Gatos, CA

One can turn attention, at any time, and tend to the longing or resolve of their innermost being. However, some find, amidst life's busyness and challenges or without support, that this is not easy, nor is it always possible to get away for a longer silent retreat.

Mukti brings the flavor of extended silent retreats to a daylong format, in which participants can come together in silence with the common intention to discover who and what they truly are. The daylong format includes 3 short satsangs, interspersed with periods of meditation. Outside of satsang, the day will be one of shared silence.

**Date:** Saturday, July 18, 2009

**Time:** 9:30am–5:30pm

**Location:** Jikoji Zen Center  
12100 Skyline Boulevard, Los Gatos, CA 95033



Vista from Jikoji Retreat Center in Los Gatos, CA

### Registration

Cost is **\$60 per person** preregistered online or \$75 at the door on the day of the event:

- Preregister online at [www.muktisource.org](http://www.muktisource.org) by July 17.
- To preregister by mail, write the event name on your check and mail to: Open Gate Sangha, PO Box 112107, Campbell, CA 95011. **Must be post-marked by July 4.**
- You may register at the door at 8:30am, space permitting, for \$75. Please arrive early—first come, first served—and have payment ready upon arrival. (Sorry, no credit cards.)

### Meals & Accommodations

A lunch will be served at Jikoji on the day of the event at an additional cost of \$10. To reserve a meal, contact Jikoji directly at [info@jikoji.org](mailto:info@jikoji.org) by July 15, or you may bring a bag lunch to eat on site.

Chairs and cushions will be provided, but you can bring your own cushions and blankets for floor seating. We suggest you wear comfortable clothes. Optional overnight accommodations are available at Jikoji Retreat Center by reservation. Phone: (408) 741-9562.

### Other Silent Retreat Days

Mukti often offers silent retreat days during her travels, including upcoming visits to Aurora, Ontario and Santa Fe, New Mexico.

## Extended Silent Retreats

Mukti offers silent retreats to nurture the emergence of spirit into consciousness. Retreat is for those who are willing to set aside personal concerns and to give all of themselves to that which is unconditioned. It is this unconditioned that reveals Itself to be the one true reality of each of us and all of existence.

Extended retreats offer a departure from one's usual daily activities and concerns as well as an opportunity to share a common intention to discover the truth of what is. To support this intention, all retreats are held in deep silence, except for the time together in satsang. In addition to satsang, the daily schedule includes several periods of meditation. Both satsang and meditation are suited to penetrating heartfelt questions and, along with shared intention, create a synergistic combination for Self remembrance.

### Mount Madonna 2-Night Silent Retreat

Mount Madonna Center is located in the Santa Cruz Mountains of California, overlooking Monterey Bay. It offers a peaceful retreat setting with 355 acres of redwood forest and grassland.

Registration and details at [www.mountmadonna.org](http://www.mountmadonna.org).

**Dates:** September 11–13, 2009

**Cost:** **\$275** (commuter) to **\$473** (single w/bath)  
Cost includes tuition, accommodations, and meals.

**Location:** Mount Madonna Center ~ **Watsonville, CA**



Quan Yin at Vajrapani Retreat Center in Boulder Creek, CA

### Vajrapani 5-Night Silent Retreat

Vajrapani is a beautiful, rustic, and deeply peaceful Tibetan Buddhist retreat center. It is located in the Santa Cruz Mountains of California amidst 70 acres of redwood forest.

Registration will be open as of June 1, 2009, at [www.muktisource.org](http://www.muktisource.org). Registrations are being accepted on a first-come, first-served basis.

**Dates:** November 1–6, 2009

**Event Fee:** **\$325** (payable to Open Gate Sangha)

**Housing:** **\$350** (dorm/camping) to **\$650** (cabin—very limited avail.)  
Housing cost is per person, payable after registering for the retreat.

**Location:** Vajrapani Institute ~ **Boulder Creek, CA**

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