

# ADYASHANTI®

## 2020 At-A-Glance



Online events in green. All times indicated are Pacific Time.

### January

Wed, Jan 15	Free Live Video Broadcast	6:00–7:30 pm
Sat, Jan 18	Palo Alto Silent Meditation Day	10:15 am – 5:30 pm
Wed, Jan 29	Free Live Intro to 2020 Online Retreat	6:00–7:00 pm

### February

Sat, Feb 1	Oakland Meeting	11:00 am – 1:00 pm
Sat, Feb 8	Portland Intensive Day 1	Noon – 6:00 pm
Sun, Feb 9	Portland Intensive Day 2	Noon – 5:00 pm
Wed, Feb 12	Free Live Video Broadcast	6:00–7:30 pm
Wed, Feb 26	Free Live Video Broadcast	6:00–7:30 pm

### March

Sun, Mar 1	Mount Madonna 5-Night Retreat	
Fri, Mar 6	—Retreat Ends	
Wed, Mar 11	Online Retreat Session 1	6:00–8:00 pm
Sat, Mar 14	Santa Cruz Meeting	4:00–6:00 pm
Wed, Mar 18	Online Retreat Session 2	6:00–8:00 pm
Wed, Mar 25	Online Retreat Session 3	6:00–8:00 pm

### April

Wed, Apr 1	Online Retreat Session 4	6:00–8:00 pm
Sun, Apr 5	Palo Alto Meeting	4:00–6:00 pm
Wed, Apr 8	Online Retreat Session 5	6:00–8:00 pm
Wed, Apr 15	Online Retreat Session 6	6:00–8:00 pm
Fri, Apr 17	Tahoe 7-Night Retreat	
Wed, Apr 22	Online Retreat Session 7 (prerecorded)	6:00–8:00 pm
Fri, Apr 24	—Retreat Ends	
Wed, Apr 29	Online Retreat Session 8	6:00–8:00 pm

### May

Sat, May 2	Oakland Meeting	11:00 am – 1:00 pm
Wed, May 13	Free Live Video Broadcast	6:00–7:30 pm
Fri, May 15	1440 2-Night Retreat	
Sun, May 17	—1440 Retreat Ends	
Sat, May 30	Boulder Intensive Day 1	Noon – 6:00 pm
Sun, May 31	Boulder Intensive Day 2	Noon – 5:00 pm

### June

Wed, Jun 3	Prerecorded Broadcast	6:00–7:30 pm
Thu, Jun 4	Broadcast Replay	Noon – 1:30 pm

### July

Wed, Jul 8	Prerecorded Broadcast	6:00–7:30 pm
Thu, Jul 8	Broadcast Replay	Noon – 1:30 pm

### August

Sun, Aug 2	Netherlands 5-Night Retreat	
Fri, Aug 7	—Retreat Ends	
Sun, Aug 9	UK 5-Night Retreat	
Fri, Aug 14	—Retreat Ends	
Wed, Aug 26	Free Live Video Broadcast	6:00–7:30 pm
Sat, Aug 29	Santa Cruz Meeting	4:00–6:00 pm

### September

Sat, Sep 12	Spirit Rock Intensive	10:00 am – 4:30 pm
Wed, Sep 16	Free Live Video Broadcast	6:00–7:30 pm
Sun, Sep 20	Tahoe 5-Night Retreat	
Fri, Sep 25	—Tahoe Retreat Ends	

### October

Sat, Oct 3	Oakland Silent Meditation Day	10:15 am – 5:30 pm
Sun, Oct 11	Palo Alto Meeting	4:00–6:00 pm
Fri, Oct 16	Omega 7-Night Retreat	
Fri, Oct 23	—Omega Retreat Ends	

### November

Wed, Nov 4	Free Live Video Broadcast	6:00–7:30 pm
Sat, Nov 7	Santa Cruz Silent Meditation Day	10:15 am – 5:30 pm
Fri, Nov 13	Encinitas Meeting	7:00–9:00 pm
Sat, Nov 14	Encinitas Intensive	Noon – 6:00 pm
Wed, Nov 18	Free Live Video Broadcast	6:00–7:30 pm
Sat, Nov 21	Online Intensive	9:30 am – 3:30 pm
Sun, Nov 29	Asilomar 5-Night Retreat	

### December

Fri, Dec 4	—Retreat Ends	
Wed, Dec 9	Free Live Video Broadcast	6:00–7:30 pm
Sat, Dec 12	Christmas Intensive	3:00–9:00 pm

**For the latest schedule information,** be sure to check the Calendar page at [Adyashanti.org](http://Adyashanti.org).

Participants understand that all programs with Adyashanti and Mukti hosted by Open Gate Sangha will be recorded for use by Open Gate Sangha, Inc. Open Gate Sangha makes no representations or warranties as to any benefit that may be received by attending a program.