

ADYASHANTI®



2016 Retreats
with Adyashanti and Mukti



Preregister October 1–31, 2015

Adyashanti's retreats have limited space. For your best chance of getting into a retreat, submit your registration during the preregistration period. (See p. 19)

2016 SILENT RETREATS

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Mount Madonna Center
Watsonville, CA

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Kanuga Conference Center
Hendersonville, NC

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Woudschoten Conference Center
Zeist, The Netherlands

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Woldingham, Surrey, UK

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Granlibakken Conference Center
Tahoe City, CA

Oct. 7–14 (7 nights) page 15*
Hosted by Omega Institute
Rhinebeck, NY

Nov. 27–Dec. 2 (5 nights) page 16
Asilomar Conference Center
Pacific Grove, CA

*Registration opens in December 2015 at www.omega.org

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RETREAT TEACHINGS

When we expose ourselves to that awakens, to that environment where spirit and matter are harmonized, it helps us awaken.

The radiance is everywhere.
We can't get away from it.

~ *Adyashanti*



NATURAL HARMONIZATION

Adapted from Emptiness Dancing by Adyashanti

When we realize that we are spirit, there may be a much deeper harmony within us than there was before that realization, but there can still be some disharmony. So it is helpful to understand the value of exposing ourselves to the teaching, which is the same as exposing ourselves to what is, each and every moment. We need to expose ourselves as we would to the sun if



we want to get a tan. Instead of putting on clothes, we take them off. If we want to be free, then we don't clothe ourselves with our concepts, ideas, and opinions; we take them off. Once we are really naked and completely exposed, we can become transformed or awakened in a very natural way.

Many years ago one of my two teachers, Kwong Roshi, knew I was going to go out into the mountains backpacking for a few months, so he taught me how to find the

right place to stay at night. He didn't give me information on how to do it; he just talked about it for a while. Then all of a sudden I realized that I would be able to directly sense the environment that was right for me.

We can feel when there is a harmonization of spirit and matter in our environments. Those are good environments to hang out in, and they quite naturally harmonize us. The more harmonization there is, the more there is an intensification of the Truth, or radiance, within us.

Of course the radiance is everywhere. We can't get away from it. But for a period of time, it's helpful to have some intensification in our environment. As we go deeper, we will experience the radiance everywhere, even if it doesn't appear in a concentrated, potent, or powerful way. We come to that by being willing to expose ourselves to experiences and places that make it more potent.

In every retreat that I hold, I can feel the minute that the retreat as a whole—certain individuals before, certain individuals after—starts to harmonize spirit and matter. When it clicks, some people get happy and some people get scared because it gets more powerful. This harmonization is the reason it's been said that if you want to wake up, you need to hang around awakened beings. It can be awakened human beings, awakened trees, awakened mountains, awakened rivers—it can be any environment. Just as human beings can be more or less awakened, so can trees, or a mountain, canyon, hilltop, or a particular street corner in our neighborhood.

When we are sensitive, we can feel these things. When we expose ourselves to that awakens, to that environment where spirit and matter are harmonized, it helps us awaken. Ultimately, that's what satsang is. That's also what meditation really is. We are exposing ourselves, and then, quite naturally, spirit and matter harmonize. All of a sudden it just clicks, without you doing anything. The less you do the better. ▀

We can feel when there is a harmonization of spirit and matter in our environments.



ABOUT RETREAT

Retreat is for those who desire to deeply realize the truth of their being and the essence of existence. Retreat offers time to step back from the course of daily life and enter into the Unknown, in an environment that provides both structure and support.

► The Retreat Container

A powerful retreat container supports a deep and transformational unfolding into truth. Participants create and nurture this container together by observing silence and giving themselves to the schedule and structure of the retreat. Retreats are held in silence, except for our time together in satsang.

Retreatants are asked to come to the retreat prepared to be fully present, with loose ends tied up at work and at home, completing all business before retreat and making arrangements with loved ones to help maintain the silence. Our shared depth of intention allows an undistracted experience of surrender that is not often possible in daily life.

► The Schedule

The schedule offered at Adyashanti's retreats uniquely reflects his sense and experience of what best supports awakening. The deep silence of meditation coupled with the focused inquiry of satsang are the ground and seed from which awakening flowers.

Because the schedule is a vital part of the retreat container, if you cannot arrive on time and plan to stay through the end, Adyashanti requests that you not attend the retreat. This shared commitment supports the group as a whole to experience the depth of retreat.

Day 1: After late afternoon check-in, there is a dinner break followed by a retreat orientation and a talk by Adyashanti.

Daily Activities: Each full day of retreat begins at 7:30 AM and ends by 10:00 PM. Most days include several periods of silent sitting, a guided meditation, two sessions with Adyashanti (talks and/or dialogues), and three meal breaks.

Last Day: The retreat officially ends just before lunch. (Lunch is provided but attendance is optional.)

If you have medical or psychological pre-existing conditions, you may wish to consult with your doctor or mental health professional before participating in a silent meditation retreat to ensure that the intensity and length of this event are right for you.



► Silence and Inquiry

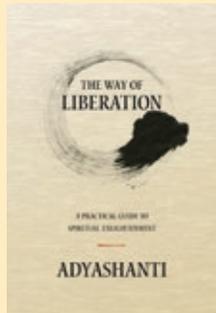
Silence is the container of retreat to which all participants dedicate themselves, for it is in inner silence that deep realization spontaneously blooms.

Retreat is also a time of one-pointed inquiry, a commitment to questioning our most cherished ideas and beliefs. During satsang, I encourage all participants to fearlessly inquire down to the very root of self and the illusion of separation so that the light of awakening can penetrate throughout the whole of one's being.

The entire structure of these retreats is something I've developed over the years to both support the flowering of realization as well as challenge the various ways that we hold on and resist letting go into the truth. Whether you feel drawn to attend retreat or not, I encourage you to enter into the spirit of retreat, into a wholehearted commitment to eternal truth here and now.

► Preparing for Retreat

Adyashanti encourages everyone coming on retreat to read *The Way of Liberation* before retreat begins. This small book contains a very concise description of how to apply his



core teachings and will be a useful guide to applying the teachings during the retreat. The form and schedule of each retreat is an embodiment of the teachings contained within *The Way of Liberation*,

so having a basic understanding of The Way will be profoundly helpful in making your retreat experience as deep and as liberating as possible.

Download the complete book for free at www.adyashanti.org/wayofliberation.

► Audio Downloads

Talks & Dialogues

If you wish to explore the depths of retreat teachings at home or are unable to attend a retreat in person, audio recordings of Adyashanti's retreats are made available to the public about two months after each retreat.

These MP3 download sets include talks and dialogues recorded live on retreat. Each set explores numerous topics unique to the retreat in which it was recorded.

To find all of the current and past retreat recordings, go to the Audio Library at www.adyashanti.org/cafedharma and search for "retreat."

Guided Meditations

Guided meditations are available to download about one month after each retreat. Visit the Audio Library at www.adyashanti.org/cafedharma and search for "meditations" to find the complete selection.

Praise This Day

*Save your mentally manufactured tales of enlightenment-to-come for someone else's ears.
The price to enter this love
is your hope for a better future.*

*We are not a crowd of beggars here.
You and I have been down that long,
twisted road all the way to its end.
Here we do not ask God for favors
but instead celebrate the light in each other's eyes.*

*So if you are ready to stop denying yourself
your own beauty
you have come to the right place.
Wake up now and praise this day
when you realize that God's eyes
are the ones you are looking out of, and into.*

*Praise this day—
and with each breath you take
be filled with the golden arc of love
which announces the ending of
your argument with God.*

*Praise this day
simply because it exists
and sit down now in the warm skin
of your own lap,
for you are home
and it is time to rest
in the merciful light
of your own eyes.*

~ Adyashanti

RETREATS IN 2016

We can feel when there is a harmonization of spirit and matter in our environments. Those are good environments to hang out in, and they quite naturally harmonize us.



Mount Madonna Center ~ Watsonville, CA

January 17–22, 2016

5-Night Retreat in the Santa Cruz Mountains

Overlooking the Monterey Bay in California, Mount Madonna Center offers a peaceful mountain setting with 355 acres of redwood forest and grassland.

► Accommodations

The accommodations at Mount Madonna vary from rustic to modern, mostly with shared baths. Buildings are wheelchair accessible; please mention special needs to the Mount Madonna Center staff when reserving your housing.

► Meals

The cost includes three vegetarian meals per full day, starting with dinner on the first day and ending with lunch on the last day. Gluten-free and non-dairy options are available at each meal. Tea and fruit are available at all times. Special allergy or medical diets should be discussed with Mount Madonna Center staff when you reserve your housing. Mount Madonna requests that you do not bring food.



www.mountmadonna.org

► Retreat Costs

Total Cost = Event Fee + Housing Fee

Event Fee, payable to Open Gate Sangha: \$425 per person.

Housing Fee, per person, payable to Mount Madonna Center:

Your Own Van or Tent	\$390
Economy Dorm (8 or more people)	\$490
Dorm (4–7 people)	\$545
Triple	\$590
Double	\$665
Double w/bath (limited)	\$720

There is no “commuter” option. **Tent campers be forewarned: there may be heavy rains during retreats in October through March.** *Housing costs and availability of housing types are not guaranteed.*

► Mount Madonna Center Housing Cancellation Policy

After you are confirmed in the retreat, you must reserve your housing no later than 30 days prior to the retreat.

- Cancel 31 days or more before the retreat: \$50 cancellation fee
- Cancel 30 days or less before the retreat: **No refund of housing fee**



Kanuga Conference Center ~ Hendersonville, NC

March 20–26, 2016

6–Night Retreat in the Blue Ridge Mountains

Thirty minutes from Asheville, NC, Kanuga Conference Center is located on 1,400 wooded acres in the Blue Ridge Mountains with scenic Kanuga Lake at its center.

► Accommodations

Housing options range from lodge-style rooms with private baths to comfortably rustic historic cottages with private and shared baths, living rooms, and porches. The main meeting room and a limited number of bedrooms are wheelchair accessible; please mention special needs to the Kanuga staff when you reserve your housing.

► Meals

The cost includes three meals per full day, starting with dinner on the first day and ending with lunch on the last day. Vegetarian diets may be requested when you reserve your housing. Allergy or medical diets must be requested prior to your arrival. Tea and coffee are available throughout the day.

► Retreat Costs

Total Cost = Event Fee + Housing Fee

Event Fee, payable to Open Gate Sangha: \$510 per person.

Housing Fee, per person, payable to Kanuga:

Doubles \$695

Singles (limited) \$905

There is no “commuter” or camping option. *Housing costs and availability of housing types are not guaranteed.*

► Kanuga Housing Cancellation Policy

Upon acceptance into a retreat, you must reserve your housing with a nonrefundable deposit of \$100. Full housing payment is due 30 days prior to the start of retreat.

- Cancel 7 days before the retreat start date: \$100 cancellation fee (nonrefundable deposit)
- Cancel on or after 6 days before the retreat start date: **No refund of housing fee**



www.kanuga.org



Woudschoten Conference Center ~ Zeist, The Netherlands

August 7–12, 2016

5-Night Retreat in The Netherlands

Woudschoten Conference Center is centrally located on a wooded peaceful estate of 45 acres and is less than one hour from Amsterdam.

► Accommodations

The single and double rooms at Woudschoten are comfortable, and each includes a private bathroom. The center is wheelchair accessible; please mention special needs when you reserve your housing.

► Meals

The cost includes three meals per full day, starting with dinner on the first day and ending with lunch on the last day. Vegetarian, gluten-free, and non-dairy options will be available. Tea, coffee, and fruit will be available all day. Allergy or medical diets should be mentioned when you reserve your housing.



www.woudschoten.nl

► Retreat Costs

Total Cost = Event Fee + Housing Fee

Event Fee, payable to Open Gate Sangha: \$510 (USD) per person.

Housing Fee, per person, payable to Open Gate Sangha:

Double.....	\$595 USD
Single (limited).....	\$595 USD

Event and housing fees include any applicable VAT (tax). There is no “commuter” or camping option. *Housing costs and availability of housing types are not guaranteed.*

► Housing Cancellation Policy for Woudschoten Retreat

After you are confirmed in the retreat, you must reserve your housing through Open Gate Sangha no later than 30 days prior to the retreat.

- Cancel 31 days or more before the retreat: \$50 cancellation fee
- Cancel 30 days or less before the retreat: **No refund of housing fee**



Woldingham School ~ Woldingham, Surrey, UK

August 14–19, 2016

5-Night Retreat in South East England

Nestled in 700 acres of English countryside, the Woldingham School offers a restful and serene setting just 30 minutes south of London.

► Accommodations

The accommodations at Woldingham vary from single en-suite rooms to multi-bed dorms with shared baths. Most buildings are wheelchair accessible; please mention special needs when reserving your housing. For more information about accommodations, email ukretreats@adyashanti.org.

► Meals

The cost includes three meals per full day, starting with dinner on the first day and ending with lunch on the last day. Vegetarian, gluten-free, and non-dairy options are available at each meal. Tea and coffee are available at all times. Special allergy or medical diets should be mentioned when you reserve your housing.

► Retreat Costs

Total Cost = Event Fee + Housing Fee

Event Fee, payable to Open Gate Sangha: \$510 USD

Housing Fee, per person, payable to Open Gate Sangha.

Camping	\$250 USD
Dorm (2–8)	\$440 USD
Single	\$525 USD
Single w/bath	\$565 USD

Event and housing fees include any applicable VAT (tax). There is no “commuter” option. *Housing costs and availability of housing types are not guaranteed.*

► Housing Cancellation Policy for Woldingham Retreat

After you are confirmed in the retreat, you must reserve your housing through Open Gate Sangha no later than 30 days prior to the retreat.

- Cancel 31 days or more before the retreat: \$50 cancellation fee
- Cancel 30 days or less before the retreat: **No refund of housing fee**





Granlibakken Conference Center ~ Tahoe City, CA

September 17–23, 2016

6-Night Retreat at Lake Tahoe

Nestled among the pine trees on 74 secluded acres above Lake Tahoe in Northern California, Granlibakken Conference Center offers tranquil and peaceful surroundings.

► Accommodations

Lodging options include single and double rooms, studios, suites, and town houses, each with a private bath and shared living area. Dorm rooms with bunk beds and shared bath are also available. Please mention any physical limitations or special needs to the Granlibakken staff when reserving your housing.

► Meals

The cost includes three meals per full day, starting with dinner on the first day and ending with lunch on the last day. Vegetarian, gluten-free, and dairy-free options are available. Special allergy or medical diets should be discussed with Granlibakken staff when you reserve your housing.

► Retreat Costs

Total Cost = Event Fee + Housing Fee

Event Fee, payable to Open Gate Sangha: \$510 per person.

Housing Fee, per person, payable to Granlibakken:

Dorm/Bunk Room (3–12 people)	\$569
Pavilion Bunk Room (4–8 people).....	\$641
Doubles	\$893–\$1,030
Singles.....	\$1,181–\$1,426

There is no “commuter” or camping option. *Housing costs and availability of housing types are not guaranteed.*

► Granlibakken Housing Cancellation Policy

After you are confirmed in the retreat, you must reserve your housing at Granlibakken with a deposit of \$100. Full housing payment is due 30 days prior to the start of the retreat.

- Cancel 31 days or more before the retreat: \$20 cancellation fee
- Cancel 30 days or less before the retreat: \$100 cancellation fee
- Cancel on or after the retreat start date: Two nights’ lodging charged



www.granlibakken.com



Omega Institute ~ Rhinebeck, NY

October 7–14, 2016

Special 7-Night Retreat Hosted by Omega Institute

OMEGA

► **Register through Omega Institute starting December 2015**

Omega Institute, located two hours north of New York City, is sponsoring a 7-night silent retreat with Adyashanti. The structure and daily schedule of this retreat will be just like Adyashanti's Open Gate Sangha retreats, where participants share in a deep commitment to the container of silence.

► **Cost**

Omega 7-Night Tuition: \$575

Omega 7-Night Accommodations: Estimated cost from \$590 for camping to \$1,815 for a single.

Accommodation pricing is estimated at the time of this printing and is subject to change. Check www.eomega.org in December 2015 to verify pricing.

► **To Register**

All registration and housing arrangements will be handled by Omega Institute. Registration is not available through Open Gate Sangha.

Omega Institute will be accepting registrations online or by phone on a first-come, first-served basis starting in December 2015. Call (800) 944-1001 within the US, or (845) 266-4444 outside the US. For more information or to register, visit www.eomega.org. A limited number of scholarships are available for this event; apply through Omega.



www.eomega.org



Asilomar Conference Center ~ Pacific Grove, CA

November 27–December 2, 2016

5–Night Retreat on the California Coast

Asilomar Conference Grounds, located on the shoreline of California’s Monterey Peninsula, is rich with history and scenic beauty. Its tranquil setting includes 107 acres of dunes, beach, and forest.



www.visitasilomar.com

► Accommodations

The rooms at Asilomar are very comfortable, and each includes a private bathroom. The main meeting room and some residential halls are wheelchair accessible; please mention special needs to the Asilomar staff when you reserve your housing. Asilomar does not have camping facilities.

► Meals

The cost includes three meals per full day, starting with dinner on the first day and ending with lunch on the last day. Vegetarian, gluten-free, and dairy-free options are available. Allergy or medical diets must be requested prior to your arrival. Asilomar requests that you do not bring food.

► Retreat Costs

Total Cost = Event Fee + Housing Fee

Event Fee, payable to Open Gate Sangha: \$425 per person.

Housing Fee, per person, payable to Asilomar:

Triples/Quads (limited)	\$672–\$732
Double	\$825
Singles (limited)	\$1,259

Asilomar will accept housing applications after January 1, 2016. There is no “commuter” or camping option. *Housing costs and availability of housing types are not guaranteed.*

► Asilomar Housing Cancellation Policy

After you are confirmed in the retreat, you must reserve your housing no later than 30 days prior to the retreat.

- Cancel 61 days or more before the retreat: \$100 cancellation fee
- Cancel 60 days or less before the retreat: **No refund of housing fee**



INFORMATION & REGISTRATION

Attending a retreat can be a profoundly liberating event that both nurtures and challenges participants to dive deeply into themselves. Signing up for a retreat can be a big decision, and many find that the retreat experience begins the moment they submit their registration. The following pages will answer most of your questions about travel, special needs, scholarships, and how to register.

Enlightenment Is a Gamble

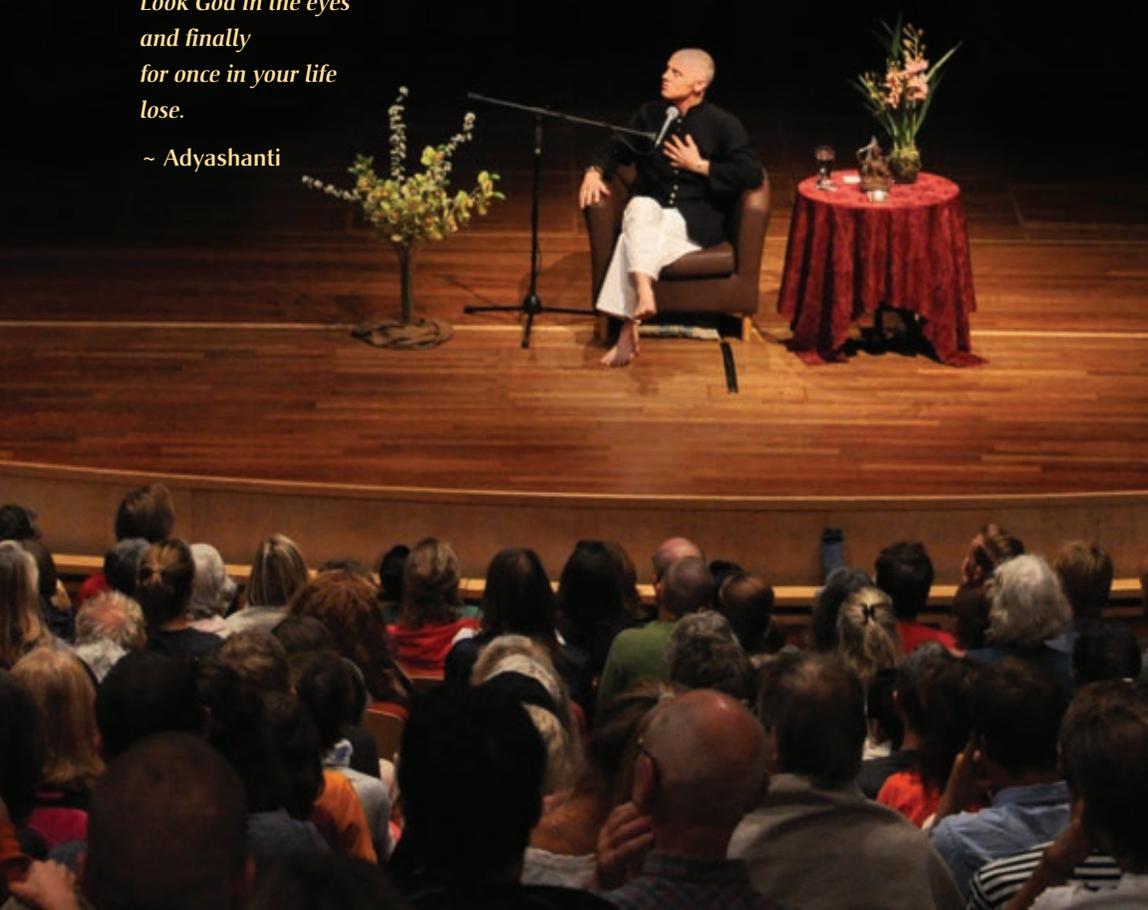
*Time to cash in your chips
put your ideas and beliefs on the table.
See who has the bigger hand
you or the Mystery that pervades you.*

*Time to scrape the mind's shit
off your shoes
undo the laces
that hold your prison together
and dangle your toes into emptiness.*

*Once you've put everything
on the table
once all of your currency is gone
and your pockets are full of air
all you've got left to gamble with
is yourself.*

*Go ahead, climb up onto the velvet top
of the highest stakes table.
Place yourself as the bet.
Look God in the eyes
and finally
for once in your life
lose.*

~ Adyashanti



Important Information about the Preregistration Process

Adyashanti's retreats have limited space. For your best chance of getting into the retreat of your choice in 2016, submit your preregistration in **October 2015**.

Your preregistration will be pending until October 31, 2015. At that time, if there is enough space in the retreat you have preregistered for, your registration will be confirmed. If the retreat has more preregistrations than spaces available, a random lottery will determine whether or not your registration is confirmed.



If you are confirmed in a retreat—Your payment will be processed, and you will receive a registration confirmation email by mid-November. You will need to pay for your housing by the deadline noted on your confirmation email.

If you are not confirmed in a retreat—Your payment will not be processed, and you will automatically be placed on a waiting list for your chosen retreat. You will receive a waiting list notification by mid-November.

Retreat Confirmations

Retreat confirmations will be sent via email within two weeks after October 31, when preregistration closes. At that time, you can access your registration status and retreat information by logging into your member area at www.adyashanti.org. If you have not received a confirmation email after two weeks, please check your junk mail and spam folders.

Attendance Requirements

To attend a retreat with Adyashanti, you will be required to:

1. Pay the event fee to Open Gate Sangha.
2. Pay for housing. (See costs on pages 10–16.)
3. Arrive on time (check in before dinner on the first day of the retreat) and stay at the retreat site through the end of the retreat (just before lunch on the last day).

Waiting List

If you miss the retreat preregistration deadline, or if a retreat has filled, you can place your name on the waiting list at www.adyashanti.org two weeks after the preregistration deadline. You will then be on standby to attend the retreat if a participant cancels, and Open Gate Sangha will contact you to see if you still wish to attend.

Important to know:

1. We cannot guarantee if or when you might be called to attend retreat.
2. We will not be able to tell you your status on the waiting list.
3. You and a partner can both get on the waiting list, but not as a couple. Participants are called from the waiting list one at a time.
4. If you choose to attend the retreat, you must accept whatever housing is available.
5. Financial assistance is not available for people called from the waiting list.

Financial Assistance

Open Gate Sangha offers scholarships to retreats for those who need financial assistance. Scholarships are awarded based on a number of criteria, including availability of scholarship funds, applicant's financial need, and prior scholarships awarded to the applicant. We offer a limited number of scholarships and cannot guarantee an award to any individual.

Scholarship Options

There are two kinds of scholarships for retreats: A **Partial Scholarship** is an award equal to the event fee. Partial Scholarship recipients are responsible for reserving and paying for their housing with the retreat site. A **Full Scholarship** is an award

equal to the event fee plus the least expensive indoor housing fee. If Full Scholarship recipients require rooms of greater cost, they are responsible for paying the difference.

Applying for a Scholarship

If you choose to apply for a scholarship, do not pre-register for a retreat.

Complete details about scholarships, scholarship housing, and how to apply for a scholarship are found on the Retreat Scholarship Application form. Download it from the Events/Retreats area at www.adyashanti.org or request that a copy be sent to you.

The scholarship application deadline for all retreats in 2016 is October 31, 2015. If you miss this deadline, please wait and apply for a scholarship when retreats in 2017 are announced.



Donating to the Scholarship Fund

Many thanks to those who have contributed to Open Gate Sangha's Scholarship Fund. This support helps make it possible for many to attend retreats and intensives who otherwise would not be able to afford it.

To contribute to the Scholarship Fund, mail a check to the following address: **Open Gate Sangha, PO Box 112107, Campbell, CA 95011.**

Be sure to specify "Scholarship Fund" on your check. Open Gate Sangha, Inc. is a nonprofit, tax-exempt organization.

Special Needs

For those who have special needs, the following information may be helpful when planning for a retreat:

- ▶ All retreat sites have some wheelchair-accessible housing options, and retreat meeting halls and dining buildings are wheelchair accessible.
- ▶ All retreat sites have some accommodations that require using stairs or walking long distances, and not all paths are lit at night.
- ▶ Asilomar's jitney cart service is available for transporting special-needs guests onsite.
- ▶ Mount Madonna Center's tent camping and some cabins require walking up a hill and through a wooded area.

Although the retreat sites will make every reasonable effort to find the right accommodation for your needs, all housing for these events is "first come, first served." For this reason, we cannot guarantee that your specific requests will be met.

The structure of the retreat itself can be rigorous. Most days include several meditation sessions up to 40 minutes each, and two sessions with Adyashanti (talks and/or dialogues) 1–2 hours each.

If you need special assistance in order to be on retreat, please make all arrangements prior to arriving at the retreat. If it is not possible for you to participate within this format, we recommend attending a 1- or 2-day intensive instead. The schedule for intensives is less rigorous and does not require participants to maintain silence throughout the event.

Those who would like to experience the depth of retreat teachings but are unable to attend a retreat in person are encouraged to create their own retreat experience with one of the MP3 download sets recorded on retreat. See page 8.



► Cancellations

Cancellation Procedure

1. Notify Open Gate Sangha.
2. Notify retreat site (or Open Gate Sangha for retreats in Europe).

Cancellation Policy

Event Fee Cancellation Policy (Open Gate Sangha)

31 days or more before the retreat:

\$50 cancellation fee

30 days or less before the retreat:

No refund of Event Fee

Retreat registrations and Event Fees are **not transferable** to other people or events.

Housing fee cancellation policies are specific to each retreat site. See pages 10–16.

Important: If you are confirmed to go on retreat and your housing fee payment is not received at least 30 days prior to the retreat (or within 48 hours if you register less than 30 days prior), Open Gate Sangha reserves the right to cancel your retreat attendance and apply the Event Fee Cancellation Policy above. Please notify Open Gate Sangha immediately if you need to cancel.



► How to Register

Option 1 ~ Register Online at www.adyashanti.org

For your best chance of getting into a retreat, preregister online between October 1 and midnight, October 31, 2015.

Go to the Events/Retreats page to find the retreat you wish to attend. Credit cards are accepted online.

Online Preregistration Tips for Couples:

Here are a few helpful tips for those who wish to attend a retreat with a partner:

1. Before you begin the online preregistration process, make sure your partner is registered as a member at www.adyashanti.org with his or her own email address.
2. If your partner does not have his or her own email address, please submit your preregistration by mail.
3. You and your partner will be sent separate waiting list and/or registration confirmations by email within two weeks after the deadline.

Option 2 ~ Register by Mail

For your best chance of getting into a retreat, make sure your registration is postmarked by October 31, 2015.

Mail-in registration is available only for retreats in the US. Send payment by check or money order only; credit card payments are not accepted by mail.

Individuals:

1. Use ONE form (on page 22) for all retreat requests.
2. For each retreat you wish to attend, write a separate check, payable to *Open Gate Sangha*.
3. Your check will be processed only when you are confirmed in a retreat.

Partners:

For two people who wish to attend a retreat together and do NOT wish to attend separately:

1. Use ONE form for all retreat requests.
2. Print BOTH participants' names and complete contact information on the same form.
3. For each retreat you wish to attend together, include a separate check for twice the event fee. Make check payable to *Open Gate Sangha*.

Mail-In Preregistration Form

Preregistration Postmark Deadline: October 31, 2015

Please read the cancellation policy on page 21 and preregister only for the retreats you wish to attend. You will be charged for each retreat you get into (space permitting), subject to the cancellation policy.

Please read instructions on reverse and print legibly.

Name: _____ Male Female

Address: _____

City/State/Zip: _____

Home Phone: _____

Work Phone: _____

Cell Phone: _____

Email: _____

This is a new/updated address, phone number, or email.

Partner Name: _____ Male Female

Partner Address: _____

City/State/Zip: _____

Partner Home Phone: _____

Partner Work Phone: _____

Partner Cell Phone: _____

Partner Email: _____

This is a new/updated address, phone number, or email.

► 2016 Event Fee Payments

Event fees are per person per retreat, payable to *Open Gate Sangha*. Include a **separate check** for each retreat. Sorry, no credit cards.

Jan. 17–22 / Mt. Madonna\$425 ... Check# _____ \$ _____

Mar. 20–26 / Kanuga.....\$510 ... Check# _____ \$ _____

Aug. 7–12 / The Netherlands Register Online Only

Aug. 14–19 / England Register Online Only

Sep. 17–23 / Tahoe.....\$510 ... Check# _____ \$ _____

Nov. 27–Dec. 2 / Asilomar.....\$425 ... Check# _____ \$ _____

► Housing Fee Payment

Housing fees will be payable when you are confirmed in a retreat.

► Planning for Retreat

Travel Arrangements

Once you have received a retreat attendance confirmation, you can begin planning your trip. If you are traveling by air, we recommend flying in before 1:30 PM on the first day of the retreat, and flying out after 4 PM on the last day of retreat. Information regarding airports, shuttles, and driving directions will be available online after your registration is confirmed.

Seating

The retreat centers will provide prearranged seating for silent sitting and satsang. Feel free to bring extra cushions or back supports. Do not bring your own chairs. You may bring backjacks or cushions for floor seating at Granlibakken, Kanuga, Woudschoten, and Woldingham.

Staying Extra Nights

Staying extra nights at the retreat site before or after the retreat is sometimes possible. Contact the retreat site directly for availability, after you have received your retreat confirmation.

Register by Mail or Online at
www.adyashanti.org

Mail to:

Open Gate Sangha

PO Box 112107

Campbell, CA 95011

USA

RETREATS WITH MUKTI



Retreats with Mukti offer much the same structure and teaching principles as those with Adyashanti, while also offering intimate venues with fewer participants. In these smaller retreats, daily qi gong movement complements the periods of silent sitting. In her own teaching, Mukti brings flavors of feminine nurturing and quiet power as well as kinesthetic, visual, and precise pointers to Truth.

All of Mukti's retreats are registered on a first-come, first-served basis. For details and registration, visit the website listed under each retreat.

Mukti is the Associate Teacher of Open Gate Sangha. You can learn more about her and her teachings at www.muktisource.org.

*Revolutionary inquiry
is not meant for your
mind but for the
depths of Being.*

~ Mukti



SILENT RETREATS IN 2015

► 2-Night Retreat at Mount Madonna

November 13–15, 2015 in Watsonville, CA
Details at www.mountmadonna.org
Event Fee: \$275 Housing: \$74–\$310*

SILENT RETREATS IN 2016

► 7-Night Retreat at Vajrapani

March 18–25, 2016 in Boulder Creek, CA
Details at www.muktisource.org
Event Fee: \$595 Housing: \$420–\$980*

► 5-Night Retreat at Well Being

September 18–23, 2016 in Tazewell, TN
Details at www.muktisource.org
Event Fee: \$450 Housing: \$250–\$775*

► 4-Night Retreat at Garrison

October 30–November 3, 2016 in Garrison, NY
Details at www.muktisource.org
Event Fee: \$450 Housing: \$460–\$600*

* Housing costs are estimated at the time of this printing and are subject to change.

Post Office Box 112107
Campbell, California 95011-2107
opengate@adyashanti.org
www.adyashanti.org

Preregister
October 1-31, 2015

2016 RETREATS

Adyashanti's retreats are announced once per year. This brochure contains information and registration details for all of Adyashanti's retreats in 2016 and highlights of Mukti's retreats in 2015-2016.

Adyashanti, author of *The Way of Liberation*, *Falling into Grace*, and *The End of Your World*, is an American-born spiritual teacher devoted to serving the awakening of all beings. His teachings are an open invitation to stop, inquire, and recognize what is true and liberating at the core of all existence.



The Open Gate Sangha organization supports the teachings of Adyashanti and Mukti by making them available to all who sincerely yearn for peace and freedom. Founded in 1996, the organization is run by a small staff and many dedicated volunteers. www.opengatesangha.org

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